

This Home Inspires Presents:

Making My Home Work for Me

What makes me feel happy and comfortable?

- What colors am I drawn to?
example: soft pastels, vibrant hues, neutral tones

- What textures bring me the most comfort?
example: soft fabrics like cotton or velvet, natural materials like wood or stone?

- Do I prefer a minimalist, cozy, eclectic, or more traditional style, other?

- What are some of my favorite objects or decorations in my home?
example: plants, artwork, personal mementos?

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What is the atmosphere I am trying for in my home?

What is the feeling or vibe I would like to have when I enter my home.

- How do I want to feel when I enter my home?
example: peaceful, safe, energized, inspired, relaxed

- What emotions do I want my home to evoke?
example: joy, creativity, relaxation, warmth

- Which room in my house would I like to improve in order to create the emotion and feeling from the previous questions?

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How do I best personalize my space?

Personal touches can make my space feel more like me and create a sense of happiness.

- What items do I already own that make me feel happy?
example;: family heirlooms, art, furniture

- Is there something I would like to add to my home décor that would make it feel more personal?
example: artwork, a favorite chair, quilt, family/friend photos

- How can I incorporate my hobbies or passions into my décor more often?
example: displaying books, musical instruments, travel souvenirs, cooking items

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How am I using Light?

Lighting can play an important role in creating the right atmosphere.

- What type of lighting fits the feeling or emotion I want from my home?
example: soft lighting, natural sunlight, warm light bulbs,.
- Would I like to change out my overhead lighting or add additional lamps or under cabinetry lighting in certain areas of my home?
- How important is natural light in my home?
example: do I love big windows (are they possible?), skylights, or a bright airy space?

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How does my home function and create flow?

A functional space helps reduce stress and enhances happiness by promoting ease and comfort.

- How can I create a more open and clutter-free space?
example: adding more storage, using minimal decor, or having more open shelving.

- Do I prefer open spaces or cozy, compartmentalized areas?
example: kitchen, closet, workspace, home office?

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Do I incorporate nature into my home's interior?

Incorporating natural elements into my décor can create a peaceful and refreshing atmosphere.

- How can I bring nature indoors to enhance my well-being?
example: adding more storage, using minimal decor, or having more open shelving.

- What types of plants or natural elements make me feel the emotions that I want to feel when at home?

example: Bright florals, green plants, more wood elements?

*If you have children or pets, always be sure to check the toxicity of all plants or flowers that are introduced into the home.