

# GOAL ACTION *plan*

GOAL

WHY

MOTIVATION

START DATE

DEADLINE

REWARD

OBSTACLES TO OVERCOME

RESOURCES

FIRST STEP

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MATERIALS NEEDED

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MY NOTES

# GOAL ACTION *plan*

SAMPLE\*

## GOAL

Is your goal to repaint a space?  
Repair something?  
Add functional furniture? Change the purpose of the room?

## WHY

I need to be more organized. I need to feel happy when I see this space.

## MOTIVATION

My mother-in-law is coming to stay for a week and this space needs to be guest-ready.

## START DATE

X Month, X date

## DEADLINE

I have three weeks to complete.  
month/date

## REWARD

I will purchase x. I will go to x place.

## OBSTACLES TO OVERCOME

This weekend I have a work function that will take time from working on the room.  
The kids have soccer games on x nights.  
I need to wait for x bonus before purchasing the new saw/crown molding/paint/furniture

## RESOURCES

I will check X youtuber for how-to.  
I need to call so-and-so for advice on x.  
Downloading the plans for x model to use.

## FIRST STEP

I need to create an inspiration board and ensure that I have a x tool.

## MATERIALS NEEDED

Is your goal to repaint a space?  
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## MY NOTES